

Winter Institute at the MAC center announced

From [Cindy Robinson](#):



Don't let the cold, gray days of January keep you stuck in the house. MAC's first Winter Institute offers the chance to get out, meet new people and hear about a variety of entertaining topics!

An exciting schedule of classes is planned for this first Winter Institute, including basics of sewing and quilting, gardening, local history, tips for taking great pictures, scrap booking, local history, Musical Magic with WBOC's Charlie Paparella, and more! Learn how to connect with your children on Facebook, get information on investing, find out what amazing opportunities are available through the Salisbury Kennel Club and your local library, and learn about user friendly apps for iPads and iPhones; and still more. A total of 27 sessions are planned. **Classes will be held Jan. 9-10; Jan. 14-17, and Jan. 22-24 in the Perdue Family Living Well Education Center at MAC. Three 90-minute sessions will be held each day, starting at 9 a.m., 11 a.m. and 1 p.m. The cost is \$3 per session.** Registration forms and complete class schedules are available at MAC, at the main reception desk. All ages are welcome.

Advance registration is encouraged; registration at the door will be accepted as space permits.

For more information on classes or registration, call **410-742-0505**.

The following is the complete schedule of classes:

Schedule of Classes for MAC's Winter Institute

Session one: 9-10:30 a.m.

Session two: 11 a.m.-12:30 p.m.

Session three: 1-2:30 p.m.

Wednesday, Jan. 9
Session two: Tips & Tricks for Taking Great Photos, with Brice Stump, noted local photographer, author
Session two: The Art of Scrap booking, Jennifer Johnson with Pat Wilgus, scrap booking enthusiasts
Session three: Antiques: What You Need to Know, with Steven Blumenauer, From Charlene Upham Antiques

Thursday, Jan. 10

Session one: Downsizing Do's and Don'ts with Jill Yost, Realtor, Long & Foster Real Estate, Salisbury

Session two: Get Ready to Run Your First 5K, with Vanessa Junkin, Eastern Shore Running Club

Session three: King Tut: The Boy King of Egypt, with Dr. G. Ray Thompson, retired SU history professor

Monday, Jan. 14

Session one: Unlock Your Local Library from Home, with Wicomico Public Library Staff

Session two: iPads & iPhones: Got Apps? With Janet Parke, MAC trainer

Session three: Unlocking the Mysteries of the Salisbury Kennel Club, with Peggy Bradford, Kennel Club board member

Tuesday, Jan. 15

Session one: Fiber Art Traditions, with Cynthia Byrd, curator, Julia A. Purnell Museum, Snow Hill

Session two: Ward Museum: Wood & Soap Carving Demonstrations, with Ward volunteers

Session three: Quilting How-To with Jenny Friedel, owner Jenny's Sewing Studio

Wednesday, Jan. 16

Session one: A Lighter Look at U.S. Presidents, with Sylvia Bradley, SU Professor Emeritus of History

Session two: Improve Your Memory Skills, with Mary Slate, retired nurse

Session three: Graves, Tales and Incredible Tombstones, with Brice Sump, noted photographer and writer

Thursday, Jan. 17

Session one: Your Brain on Investments, with Eric Johnston, InFocus Financial

Session two: Get Your News in the Newspaper! With Greg Bassett, editor, Salisbury Independent

Session three: Let's Get Social! Using Social Media to

Connect with Family, with Victoria Kent, marketing officer, Community Foundation of the Eastern Shore

Tuesday, Jan. 22

Session one: Adventures of the Skipjack Nathan of Dorchester, with Lou Hyman, first mate

Session two: Writing Your Stories, with Dr. Carolyn Stegman, author and educator

Session three: Sewing How-To With Jenny Friedel, owner, Jenny's Sewing Studio

Wednesday, Jan. 23

Session one: Creative Container Gardening, with Ginny Rosenkranz, Extension educator

Session two: Master Gardening: Building Healthy Gardens, with Ginny Rosenkranz, Extension educator

Session three: The Ugly Pie: A Small Business Start, with Shaina Bounds, owner, The Ugly Pie

Thursday, Jan. 24

Session one: Twists and Turns of Annuities, with Eric Johnston, InFocus Financial

Session two: Origins of Salisbury, with Dr. G. Ray Thompson, retired SU history professor

Session three: Musical Magic with Charles Paparella, musician, storyteller and WBOC personality